

CHAMPAIGN COUNTY TRANSITION SERVICES DIRECTORY



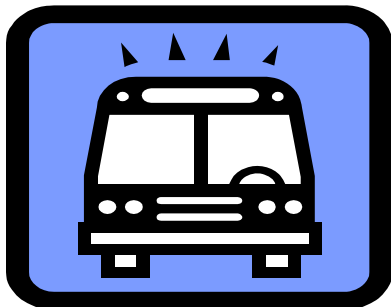
Hotline Numbers



Financial Assistance



Recreation & Leisure



Transportation



Educational Services



Residential Services



Vocational Services



Health Care



Support Services

TABLE OF CONTENTS

Introduction/Acknowledgements.....	1
Educational Services.....	2-3
Financial Assistance.....	4
Health Care.....	5-8
Recreation & Leisure.....	9-10
Residential Services.....	11-12
Support Services.....	13-21
Transportation.....	22-23
Vocational Services.....	24-25
*Hotline & Toll Free Numbers.....	26
*For Additional Resources.....	27

INTRODUCTION/ACKNOWLEDGEMENTS

This Transition Services Directory is designed to assist in the transition from high school to adult life for the youth of Champaign County. Its main purpose is to provide a user-friendly directory of resources that are available in our area for youth, both during and after high school. The contents include information about organizations providing services in the following areas: educational services, financial support, health care, support services, recreation and leisure, residential services, transportation, and vocational services. Each listing includes the organization contact information and a brief description of the services they provide.

This directory was developed by the Transition Planning Council (TPC) of Champaign County, Resource Directory Subcommittee. For additional copies, contact one of the following:

- 1) Your local high school Special Education Department, or
- 2) The Department of Human Services/Division of Rehabilitation Services (DHS/DRS):
(217) 278-3500, or
- 3) The Rural Champaign County Special Education Cooperative (RCCSEC):
(217) 892-8877.

The Champaign County TPC Resource Directory Subcommittee (2006-07) that compiled this directory includes the following individuals:

- Sarah Jo Brenner, PACE Independent Living Specialist
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- Michael Bryant, DHS/DRS Vocational Rehabilitation Counselor
- Michael Crossin, Champaign Unit 4 Schools, Vocational Specialist
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- Kelli Shirley, Champaign Unit 4 Schools, Special Education Asst. Director

The current directory is an October 2009 revision of a directory first produced by the Champaign County TPC in April 2007. Printing and production costs for the 2009 edition were covered by the following organizations:

- Urbana Knights of Columbus
- Illinois Department of Human Services/Division of Rehabilitation Services
- Rural Champaign County Special Education Cooperative



EDUCATIONAL SERVICES

Parkland College

2400 W. Bradley Ave., Champaign, IL 61821-1899

General Info: (217) 351-2200 (V) * (800) 346-8089 (toll free) www.parkland.edu

Office of Disability Services: (217) 353-2338 (V) * (217) 353-2251 (TTY)

www.parkland.edu/ods/

Parkland offers transfer courses, career programs, educational programs, and a wide range of student services including financial assistance, career/educational planning, student activities/organizations, **counseling, and support services for individuals with disabilities**. Support services include textbook taping, note takers, interpreters, talking calculators, print enlarging equipment, TTY/TDDs, tutorial services, and special testing procedures. Additionally, Parkland offers the Center for Academic Success, which strives to provide Parkland students with affordable, accessible, and comprehensive instructional and support services in a stimulating, low-anxiety learning environment that builds confidence and encourages student learning. The center is staffed with faculty and peer tutors and two **Academic Development Specialists** with training and experience working with students with disabilities.

The Reading Group

6 Lincoln Square, Urbana, IL 61801

(217) 367-0914

www.readinggroup.org

This team of highly qualified learning and disabilities specialists works in partnership with teachers, parents and community leaders to overcome problems related to learning disabilities and illiteracy. They offer one-on-one **reading instruction**, group instruction, and diagnostic testing to children and adults with learning disabilities and learning problems. The focus is on an individualized, multi-sensory approach to learning, often using computers and interactive software.

Sylvan Learning Center

1907 W. Springfield Ave., Champaign, IL 61821

(217) 355-0008 (V) * (217) 359-7530 (V)

www.educate.com

Sylvan offers both remedial and enrichment programs, and **provides assistance to individuals with learning disabilities**. They also offer diagnostic evaluation and provide individualized services in reading, math, study skills, English, writing, and ACT and SAT preparation.



EDUCATIONAL SERVICES

University of Illinois Division of Disability Resources and Educational Services (DRES)

1207 S. Oak St., Champaign, IL 61820
(217) 333-4603 (V) * (217) 333-1970 (TTY)
www.disability.uiuc.edu

The U of I was the first university in the country to offer students with disabilities access to a mainstream educational environment. Since 1947, more than 1,200 persons with disabilities have received the education necessary to be fully participating members of society. DRES provides the following array of services for qualified students: **Psychology Services, Learning Disabilities Services, Mobility and Systemic Disability Services, Vision and Hearing Disability Services, Testing Accommodations, Assistive Technology Services, Text Conversion Services, Transportation Services, Physical Therapy, Campus Life, Beckwith Residence Hall, and Business Affairs.**

Urbana Adult Education Center

211 N. Race St., Urbana, IL 61801
(217) 384-3530
www.usd116.org/adult/

The Urbana Adult Education Center offers students the ability to complete high school work through **GED** programs, high school diploma classes, and high school credits. They offer **free** reading, writing, math, and English classes for 1st through 12th grades; a **Certified Nurses Aid Program; English as a Second Language**, and several enrichment and **skill development** classes.



FINANCIAL ASSISTANCE

Central Illinois Debt Management and Credit Education

201 W. Springfield, Suite 211, Champaign, IL 61820

(217) 398-2228

www.cidmce.org

Provides **budget counseling, personal money management workshops, debt management programs, HUD mortgage counseling, and credit and budgeting education.** Through budgeting and priority payments, the program provides alternatives to collection actions, garnishment and bankruptcy. Offices are also located in Decatur and Danville.

Division of Rehabilitation Services, Work Incentive Planning and Assistance

400 W. Lawrence, 2nd Floor, Springfield, IL 62794

1-800-807-6962 (V) * 1-866-444-8013 (TTY)

www.state.il.us/agency/dhs

We help individuals who receive SSI or SSDI and are interested in getting a job understand how working will affect their benefits. Anyone who gets Social Security disability benefits (SSI or SSDI) and wants to work can receive free benefits planning services. Our staff can: Explain how all of your benefits will be affected if you go to work; Give you a written report that show how earnings from your job will change your benefits; Tell you about other community services that can help you; Be available to answer any questions you have about your benefits, even after you go to work; and Provide ongoing benefits management, which can include a new analysis if you get a raise

Social Security Administration

101 S. Country Fair Dr., Champaign, IL 61821

1-800-772-1213 (V) * (217) 398-5399 Local Office * 1-877-486-2048 (TTY)

www.ssa.gov/

Supplemental Security Income (SSI) is a federal income maintenance program administrated by the Social Security Retirement Program. SSI provides **monthly payments** to individuals with disabilities and the elderly who meet eligibility criteria. Call or visit the local office if you have a problem with your monthly SSI checks or are receiving SSI and have gotten a job.



HEALTH CARE

Carle Clinic

602 W. University Ave., Urbana, IL 61801
(217) 383-3311
www.carle.com

Carle Clinic is comprised of more than 300 physicians practicing in more than 50 specialties and subspecialties. Carle Clinic operates a network of 12 branch clinics, a variety of **outpatient medical services**, and residency programs.

Carle Foundation Hospital

611 W. Park St., Urbana, IL 61801
(217) 383-4636
www.carle.com

This acute care hospital and referral center works closely with Carle Clinic. They offer all major specialty services including obstetrics, perinatal/neonatal, intensive care, Heart Center, Cancer Center, neurosurgery, orthopedic surgery, and oral surgery. A **community care financial program** assists families with hospital bills, and **free community education programs** are available. In an emergency, call (217) 383-3313. For social services, call Social Work and Discharge Planning at (217) 383-3119.

Champaign County Health Care Consumers

44 E. Main St., Suite 208, Champaign, IL 61820
(217) 352-6533
www.prairienet.org/cchcc

CCHCC is a 23 year old, nonprofit, grassroots citizen action organization, which operates a free Consumer Health Hotline, which provides **information, referral, and advocacy services** to callers throughout East Central Illinois. Hotline advocates assist callers with their problems related to the healthcare system including denial of treatment, lack of access, insurance problems, Medicaid and Medicare questions or problems, referrals, research, and more. CCHCC also operates the **Dental Referral Program**, which links low-income adults in Champaign County with dentists who provide dental care at reduced rates, and the **SSI Youth Transition Project**, which provides advocacy and assistance to youth with disabilities in Champaign County who are applying for, or must re-qualify for disability benefits.



HEALTH CARE

Champaign County Public Health Department

815 N. Randolph St., Champaign, IL 61820

(217) 363-3269

www.champaigncountyhealth.org

The County Health Department funds, supports, and directs the activities of the **Champaign County Child Dental Access Program**, which serves the oral health needs of children living in Champaign County outside Champaign-Urbana. All other services are provided via a contractual relationship with the Champaign-Urbana Public Health District.

Champaign-Urbana Public Health District

Main Office: 201 W. Kenyon, Champaign, IL 61820

(217) 352-7961

Rantoul Satellite Office: 520 E. Wabash Dr., Rantoul, IL 61866

(217) 893-0832

www.c-uphd.org

CUPHD offers nutrition and wellness programs; immunizations, TB testing, and flu and pneumonia vaccinations; prevention and treatment of sexually transmitted diseases; and confidential or anonymous testing for HIV. Nurses provide **telephone information for health concerns**; home visits; blood pressure, blood sugar, and cholesterol screenings; lead screening follow-up; and a clinic for homeless persons. School nursing services include: vision and hearing screening, genetic education and referral, pregnancy testing, prenatal care, and case management **services for infants and pregnant women**.

Christie Clinic

101 W. University Ave., Champaign, IL 61820

(217) 366-1200

www.christieclinic.com

This multi-specialty medical group has over 40 departments and 35 specialties, and provides a full range of **outpatient medical services**.



HEALTH CARE

Frances Nelson Health Center

819 Bloomington Rd., Champaign, IL 61821
(217) 356-1558

This **community health center** provides primary medical, prenatal, immunizations, laboratory, health education, and social services to low-income families. Services are provided on a **sliding fee scale** (Medicaid, Medicare, and insurance patients are also accepted) to residents of Champaign-Urbana and surrounding communities without discrimination. Spanish speaking staff is available.

Illinois Department of Human Services/Family Community Resource Center

801 N. Walnut, Champaign, IL 61820
(217) 278-5605 (V) * 1-866-451-5784 (TTY)
www.dhs.state.il.us/

This organization provides **cash assistance, medical programs, and food stamp benefits** to qualifying individuals with low-incomes. Job training and placement, childcare access, homeless prevention, and other services are also available. It's very important that you meet department deadlines in order for your applications for benefits to be processed.

Lions Club

(217) 352-6300
www.champaignlions.org

Lions Club provides financial assistance toward eye examinations, eyeglasses, and hearing aids for individuals in need. Assistance is usually one time per person. Family Service First Call for Help at (217) 352-6300 provides screening and referral to local Lions Clubs. In Rantoul, call Community Service Center at (217) 893-1530 to contact Lions Club.



HEALTH CARE

The Pavilion: Behavioral Health System

809 W. Church St., Champaign, IL 61820

(217) 373-1700 * 1-800-373-1700

www.pavilionhospital.com

The Pavilion offers comprehensive care for children, adolescents and adults in need of **psychiatric, eating disorders or chemical dependency treatment**. Treatment options include inpatient and partial hospitalized treatment, a residential treatment center for youth and The Pavilion School for grades 3-12. Assessment is free and available 24 hours a day, 7 days a week.

Planned Parenthood of East Central Illinois

302 E. Stoughton St., Champaign, IL 61820

(217) 359-4768

www.ppeci.org

Planned Parenthood provides annual gynecological exams, diagnosis and treatment of gynecological problems, contraceptive supplies (prescription and nonprescription), emergency contraception, HIV testing, pregnancy testing and options information, menopausal services, treatment of abnormal Pap smears, first trimester abortions, and prenatal care up to 36 weeks. **Fees** for most services are **on a sliding scale**. Insurance and Medicaid are accepted.

Provena-Covenant Medical Center

1400 W. Park St., Urbana, IL 61801

(217) 337-2000 (V) * (217) 337-4500 (TTY)

www.provenacovenant.org

This **hospital** provides ambulatory care, case management, rehabilitation, maternity, heart care, home health care, hospice care, oncology, neonatal care, outpatient services, pastoral care, pediatrics, referral services, psychiatric care, pulmonary medicine, x-ray, social work services, and **free community education classes** through their outreach program. In case of emergency, call (217) 337-2131.



RECREATION AND LEISURE

Champaign Park District

706 Kenwood Rd., Champaign, IL 61821

(217) 398-2550 (V)

www.champaignparkdistrict.com

The CPD has 51 parks covering 510 acres. They provide park services and **recreational programs** to residents of all ages as well as **adaptive recreational activities** offered by the Champaign and Urbana Park Districts Special Recreation Program.

Champaign County Forest Preserve District (CCFPD)

PO Box 1040, Mahomet, IL 61853

(217) 586-3360 (V) * (217) 586-5724 Fax

www.ccfpd.org

The CCFPD operates **four forest preserves** in East Central Illinois that cover more than 3,500 acres and serve you with a wide range of offerings:

- 1) Lake of the Woods F.P., Mahomet
- 2) Homer Lake F.P., Homer
- 3) Middle Fork River F.P., Penfield
- 4) River Bend F.P., Mahomet

Champaign County Visitor's Bureau

1817 S. Neil St., Suite 201, Champaign, IL 61820

(217) 351-4133 (V)

www.visitchampaigncounty.org

See all that Champaign County has to offer. We've got museums, galleries, theater and art; see college sports, concerts, and plays; enjoy dining out, golfing, bowling, hiking and more. Please visit our website for information on upcoming events.



RECREATION AND LEISURE

C-U Special Recreation

1311 W. Church Street, Champaign, IL 61821

(217) 239-1152 (V) * (217) 239-1157 (TTY)

www.cuspecialrecreation.com

Provides **recreation programs** and **leisure services** for individuals whose limitations or disabilities may limit successful participation in other recreation programs, and assists people with disabilities to participate in Park District programs.

Special Olympics Illinois

902 N. Country Fair Drive, Unit #7, Champaign, IL 61821

(217) 355-1750 (V)

www.ilso.org

Join the nearly 20,000 athletes in Illinois who gain sports skills, the joy of teamwork, self-esteem, and friendship by participating in **Special Olympics**.

Urbana Park District

505 W. Stoughton St., Urbana, IL 61801

(217) 367-1544 (V)

www.urbanaparks.org

The UPD has 22 parks and facilities and offers **leisure services and programs**, including sports, aquatics, cultural arts, and special events.



RESIDENTIAL SERVICES

Alan G. Ryle & Companies

4102 Belmont Point, Champaign, IL 61822
(217) 398-6529 (V) * 1-800-880-6571 (V)
www.ryle.com

This group of companies offers a variety of residences for adults with developmental disabilities, including intermediate care facilities; **apartments**, community integrated living arrangements (CILA), and **group homes**.

Champaign Community Advocacy and Mentoring Resources

1008 Devonshire Dr., Champaign, IL 61821
(217) 359-9204 (V)

CCAMR provides **advocacy and resources**, which will contribute to improving the quality of life for people with disabilities. The association operates a community integrated living arrangement for adults with mental retardation from Champaign and Ford Counties.

Developmental Services Center (DSC)

1304 W. Bradley Ave., Champaign, IL 61821
(217) 356-9176 (V) * (217) 359-0288 (TTY)
Contact: Intake Specialist
www.dsc-illinois.org

DSC is a comprehensive program for the developmentally disabled and their families. DSC operates three different residential options to individuals with developmental disabilities: **group homes**, **apartment living**, and **respite care**.

Mental Health Center of Champaign County

202 W. Park St., Champaign, IL 61820
(217) 373-2430 * 24 Hour Crisis Line (217) 359-4141
www.mhcenter.org

This center provides the following services to persons 18 years or older with mental illness or with mild to severe emotional and behavioral problems: assessment, counseling, case management, crisis stabilization, day treatment, and **residential services**. They also provide community education services on request.



RESIDENTIAL SERVICES

Persons Assuming Control of their Environment (PACE, Inc.)

1317 E. Florida Ave., Urbana, IL 61801
(217) 344-5433 (V) * (217) 344-5024 (TTY)
www.pacecil.org

PACE is working to increase awareness, provide information and technical assistance and bring together community entities to provide more housing options for people with disabilities. PACE provides lists of accessible and subsidized housing opportunities and **accessible housing** for sale or rent at market rates. PACE also provides ramp resources.

Regional Planning Commission of Champaign County

1776 E. Washington, PO Box 17760, Urbana, IL 61803
(217) 328-3313
www.ccrpc.org

The Regional Planning Commission provides a number of human service programs, including: Independent Service Coordination for residents of Champaign County who have developmental disabilities, and the Community Action Program. **Independent Service Coordination** activities may include the Pre-Admission Screening (**PAS**) assessment for state-funded residential and other services, planning, advocacy, referral and linkage, monitoring, and crisis intervention. The Community Action Program provides **housing counseling** and assistance for low-income households, a career mentoring program for middle and high school students, and post-secondary education scholarships for qualified low-income students.

Swann Special Care Center

109 Kenwood Rd., Champaign, IL 61821
(217) 356-5164
www.medicalrehab.com/LTC/swann.htm

Swann Special Care Center is a home for children who are severely and profoundly multiply handicapped. The staff consists of skilled professionals, paraprofessionals, and trained nursing assistants who, with other support staff, provide a caring atmosphere in which the children's physical, medical, nutritional, mental, emotional, and social needs are met.



RESIDENTIAL SERVICES

Tenant Union, Champaign-Urbana

Lincoln Building, 44 E. Main St., Suite 208, Champaign, IL 61820

(217) 352-6220

www.tenantunion.illinois.edu

The program provides **information, counseling and advocacy** for those with concerns related to landlord/tenant relations, including evictions, lease contracts, damage deposit disputes, discrimination in renting and repair problems. The Tenant Union also compiles complaint histories regarding landlords. A Spanish-speaking staff person is available on Mondays, Wednesdays, and Fridays. Telephone or walk-in 9:00 a.m. to 5:00 p.m., Monday through Friday and until 6:00 p.m. on Tuesday and Thursday.



SUPPORT SERVICES

A Woman's Place/A Woman's Fund

1304 E. Main St., Urbana, IL 61801
(217) 384-4462 * Crisis Line: (217) 384-4390
www.awomansfund.org

Through this organization, women and children who are victims of domestic violence receive **shelter, counseling, advocacy**, access to support groups, information, and referral programs. A Woman's Place also offers community education, children's programs, assistance with protective orders against abusive parties, and a **24-hour hotline** phone service.

Al-Anon/Alcoholics Anonymous

Al-Anon (217) 373-4141 * AA Hotline: (217) 373-4200
www.al-anon.org

AA and Al-Anon assist family members of persons who abuse alcohol.

Alateen

(217) 373-4141
www.alanon.alateen.org

Alateen provides **assistance to teens** who have family members who abuse alcohol.

Centerpoint: Mental Health Center of Champaign County

1801 Fox Dr., Champaign, IL 61820
(217) 398-8080
www.mhcenter.org

Centerpoint offers **short-term counseling** and support in the form of outpatient counseling, prevention, and personal development services for children, adolescents, and adults. Services include testing and assessment, and specialized marriage, family, adult and child counseling. Services are available days, **evenings**, or **weekends** within 48 hours of request.



SUPPORT SERVICES

Champaign County Operation Snowball

809 S. Fifth Street, Champaign, IL 61820

(217) 337-5809

www.champaignsnowball.org

Operation Snowball provides community-based **prevention and health promotion** activities with an emphasis on **teens helping teens**. Services and activities include Tuesday night group discussion, information concerning alcohol, drugs, sexuality and life skills, and experiential events, (e.g. 4-day retreats and teen leadership training).

Children and Adults with ADD (CHADD of C-U)

(217) 344-0673

www.ADD.org

Support group for those affected by Attention Deficit Disorder. Please call for meeting times and location.

Community Choices Cooperative

PO Box 17551, Urbana, IL 61803

email: jen@realchoiceinillinois.org

The mission of the Community Choices Cooperative is to partner with`people with disabilities in Champaign County in their pursuit of independence, opportunity and choice by offering quality **self-directed supports and services to assist in community living**. CCC will bring together individuals who use services and their families, empowering them to direct and control the services they need.

Community Service Center of Northern Champaign County

520 E. Wabash, Rantoul, IL 61866

(217) 893-1530

This organization operates First Call For Help (a **hotline** for information, referral, and advocacy services), an emergency **food pantry, clothing and shelter services**, transportation, and help to local neighborhood groups. Please call to verify service area.



SUPPORT SERVICES

C-U Autism Network, a project of the Autism Society of Illinois
PO Box 107, Savoy, IL 61874
Phone: 217-621-8429, e-mail: info@cuautismnetwork.org
www.cuautismnetwork.org

Support, education, and networking for parents and professionals. Meets the first Thursday of the month from 7:00 – 8:30 p.m., September-May, at Doris Kelly Christopher Hall, 904 W. Nevada, Urbana. Free events for children include childcare and a sibling support group. Family events are offered throughout the year.

Developmental Services Center (DSC)

1304 W. Bradley Ave., Champaign, IL 61821
(217) 356-9176 (V) * (217) 359-0288 (TTY)
Contact: Intake Specialist
www.dsc-illinois.org

DSC offers a comprehensive program for people with disabilities and their families. They offer intake and case coordination for **assessment, advocacy, and linkage to other services**. Clinical services include occupational, physical, recreational, and speech therapy; psychotherapy; and education/training; as well as children's services, services for people with low incident disabilities, and residential services.

Down Syndrome Network (DSN)

2708 Willowpark Drive, Champaign, IL 61821
(217) 355-6289
www.champaigndsn.org

The Down Syndrome Network operates as a not-for-profit organization serving families with members with Down Syndrome in Champaign County. The DSN offers support to families mainly by being a source of current information for parents, professionals, and the general public. It also reaches out to new parents, and raises awareness of Down Syndrome in our community.



SUPPORT SERVICES

Equip for Equality, Inc.

235 S. Fifth St., PO Box 276, Springfield, IL 62705

(217) 544-0464 (V & TTY) * 1-800-758-0464 (V & TTY)

www.equipforequality.org

Equip for Equality is an **advocacy organization** for the rights of people with developmental disabilities and mental illness. Service programs are based on eligibility criteria. Please call for more information.

Family Service, HomeCare Program

405 S. State St., Champaign, IL 61820

(217) 352-5100 Office * (217) 239-0646 Fax

www.familyservicehomecare.org

This program provides subsidized and private non-medical **in-home support**. One personal planner will explore community resources and help create an individualized program. Direct service includes personal care, meal planning and preparation, housekeeping, laundry, shopping and transportation. Other services include supervision and monitoring, assistance with **household management**, communication with family and other caregivers, caregiver breaks (Respite), Slumber Care, and Tuck-in (evening) Service. Escorted transportation is provided for individuals enrolled in the HomeCare Program who require assistance to appointments and grocery shopping. Service is provided throughout Champaign County.



SUPPORT SERVICES

Guardianship and Advocacy Commission, Illinois East Central Regional Office

423 S. Murray Rd., Rantoul, IL 61866
(217) 892-4611 (V) * (312) 793-5937 (TTY)
www.gac.state.il.us

This advocate organization for the rights of persons with disabilities conducts fact-finding of alleged denial of rights of persons with disabilities. The Office of State Guardian appoints a guardian of last resort for adults with disabilities who are unable to make or communicate their own personal or financial decisions, and when there is no family member or friend available to be the guardian. The Human Rights Authority of the Commission (HRA) **investigates complaints** of alleged violations against disability laws, providing a free forum that permits negotiation with providers and avoids the confrontational environment of the courtroom. The Legal Advocacy Service (LAS) **provides legal advice, counseling, and representation** to eligible persons who have mental, developmental, physical, or age related disabilities. LAS represents individuals in a variety of settings: nursing homes, mental health facilities, residential facilities, and the community. LAS may assist with legal problems that encompass mental health facilities, treatment, special education, guardianship, confidentiality, and other matters that affect persons with disabilities.

Land of Lincoln Legal Assistance Foundation, Inc.

302 N. First Street, Champaign, IL 61820
(217) 356-1351 (V) * (217) 356-0624 (TTY)
(800) 747-5523 Toll Free Line * (217) 356-7621 Fax
www.lollaf.org

Provides **legal assistance** to low-income individuals. Services include advice, brief service, negotiation and litigation on matters such as welfare, medical assistance, utilities, divorce, custody, consumer cases, housing and much more. Please call for further information on services offered and eligibility guidelines.



SUPPORT SERVICES

Low Vision Support Group-East Central Illinois-PACE, Inc.

1317 E. Florida Ave., Urbana, IL 61801
(217) 344-5433 (V) * (217) 344-5024 (TTY)

This life goal oriented organization provides **support and education** for people with low vision and their family members. The group charges a small membership fee. Call for meeting times and location.

Mental Health Center of Champaign County

202 W. Park St., Champaign, IL 61820
(217) 373-2430 * 24 Hour Crisis Line (217) 359-4141
www.mhcenter.org

This center provides the following services to persons 18 years or older with mental illness or with mild to severe emotional and behavioral problems: assessment, **counseling**, case management, crisis stabilization, **day treatment**, and residential services. They also provide community education services on request.

NAMI of Champaign County

PO Box 1514, Champaign, IL 61824
(217) 419-5345
www.nami.org

National Alliance for the Mentally Ill (NAMI) of Champaign County provides communication and fellowship among parents, guardians, and relatives of people with mental illness as well as consumers in Champaign County and area communities; interested professionals are also welcome. Lends mutual support and furthers interests of the mentally ill. NAMI also sponsors a family-to-family education course. Stresses education to help remove the stigma of the mentally ill. Meets the second Monday at 7:00 p.m. at Centerpoint, 1801 S. Fox Dr., Champaign. Centerpoint locks the doors at 7:00 p.m. A phone is available for someone to let you in but it is best to arrive before 7:00 p.m. if possible. Confidential meetings, nine week, free course for families of adolescents with mental illness and friends. Membership fee of \$35 per family per year, consumer dues \$3. Lending library available.



SUPPORT SERVICES

Persons Assuming Control of their Environment (PACE, Inc.)

1317 E. Florida Ave., Urbana, IL 61801
(217) 344-5433 (V) * (217) 344-5024 (TTY)
www.pacecil.org

PACE serves people with disabilities or disability-related concerns by providing **advocacy, counseling**, peer counseling, information and referral services, **skills training**, sign language interpreter referral, Braille services, personal assistant referral, and a speakers bureau.

Rape Crisis Center

310 W. Church Street, Suite 103, Champaign, IL 61820
Phone: (217) 355-5214 * Hotline: (217) 355-5203
www.awomansfund.org/rapecrisiservices

Provides services to **victims of sexual violence** and their significant others. Services include a **24-hour hotline**, counseling, and legal and medical advocacy.

Regional Planning Commission of Champaign County

1776 E. Washington, PO Box 17760, Urbana, IL 61803
(217) 328-3313
www.ccrpc.org

The Regional Planning Commission provides a number of human service programs, including: Independent Service Coordination for residents of Champaign County who have developmental disabilities, and the Community Action Program. **Independent Service Coordination** activities may include the Pre-Admission Screening (**PAS**) assessment for state-funded residential and other services, planning, advocacy, referral and linkage, monitoring, and crisis intervention. The **Community Action Program** provides **housing counseling** and assistance for low-income households, a **career mentoring** program for middle and high school students, and post-secondary education **scholarships** for qualified low-income students.



SUPPORT SERVICES

Roundhouse

311 W. White St., Champaign, IL 61820

(217) 359-5276

www.mhcenter.org/pages/contact.php

A program of the Mental Health Center of Champaign County, Roundhouse provides **short-term housing and shelter** for youth experiencing problems with school, family, drugs or alcohol, sex, peers, abuse, or neglect, as well as family counseling.

The Autism Program (TAP): Champaign County

Doris Kelley Christopher Hall, 904 W. Nevada, Urbana, IL 61801

(217) 244-1395

www.theautismprogram.org

The Autism Program: Champaign County provides a New Diagnosis Family Orientation Program, Social Skill groups, and an Autism Resource Room.

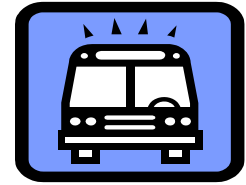
4-H Youth (Champaign)

801 N. Country Fair Dr., Suite D, Champaign, IL 61821

(217) 333-7672

www.4-h.illinois.edu

Youth receive leadership training and **learn about career opportunities** through this national organization. Adult volunteers provide guidance in special projects such as animal care, communication, arts, natural resources, and the environment.



TRANSPORTATION

Carle Arrow Medivan

210 E. University Ave., Champaign, IL 61820
(217) 337-3911 (V)
www.arrowambulance.com

Medivan offers **door-to-door assistance** serving all area hospitals, nursing homes, clinics, doctor's offices, dentists, and other medically related businesses throughout Champaign County. Medivan comes equipped with a **wheelchair lift** and can accommodate riders in and out of wheelchairs and is linked to Carle Arrow Ambulance headquarters for emergency help if needed.

Champaign-Urbana Mass Transit District (MTD)

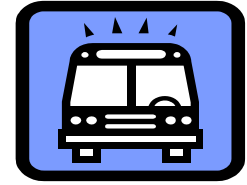
801 E. University Ave., Urbana, IL 61802
(217) 384-8188 (V) * (217) 384-7433 (TTY)
www.cumtd.com

Call for route and schedule information. **Yearly bus passes are available free of charge** for people with disabilities with proper certification (see Illinois Terminal).

Illinois Terminal

45 E. University Ave., Champaign, IL 61820
(217) 384-3577 (V)

The Illinois Terminal houses the MTD customer service center where an **annual bus pass**, seasonal pass, dash pass, or tokens can be purchased. Greyhound, Burlington Trailways, Lex Express, and Amtrak are also housed at the Illinois Terminal.



TRANSPORTATION

Salvation Army Transportation Assistance

2212 N. Market St., Champaign, IL 61820
(217) 373-7825 Office * (217) 373-8441 Fax

Emergency transportation assistance is provided on a case-by-case basis. Please call for more information.

Special Care Transport/Mommy's Cab

(Non-Emergency Medical Transportation)
(217) 344-8731

The GMC 15-passenger **van accommodates wheelchairs** and stretchers. It can transport groups of seniors, church groups, students, and summer camp participants. All drivers are medically certified.

Yellow Cab Company

1204 Hagan Ave., Champaign, IL 61820
(217) 355-3553

Please call to verify **accessibility** information.



VOCATIONAL SERVICES

Developmental Services Center (DSC)

1304 W. Bradley Ave., Champaign, IL 61821

(217) 356-9176 (V) * (217) 359-0288 (TTY)

Contact: Intake Specialist

www.dsc-illinois.org

DSC is a comprehensive agency serving people with developmental disabilities and their families. Clinical services include occupational, physical, recreation, and speech therapy; psychotherapy; and special education. Vocational services include **evaluation, training, and employment** at sheltered or community-based sites. Also provided are services for low incident disabilities, supported apartments, residential group homes, apartment living, and community education.

Illinois Department of Employment Security – Illinois WorkNet Center

1307 N. Mattis Ave., Champaign, IL 61821

(217) 278-5700

www.ides.state.il.us

The IDES processes payment of unemployment insurance benefits to eligible workers, offers a job service and **free public employment service**, and provides referral and placement services.

Illinois Department of Human Services/Division of Rehabilitation Services (DHS/DRS), Illinois WorkNet Center

1307 N. Mattis Ave., Champaign, IL 61821

(217) 278-3500 (V) * (217) 278-3510 (TTY)

www.dhs.state.il.us/ors/

DHS/DRS offers clients **vocational evaluation**, counseling and guidance; physical and mental restoration; **job training and placement**; educational assistance; technical equipment; and follow-along services. DHS/DRS also provides vocational services through the Bureau for the Blind Services and the Division of Services for Persons Who Are Deaf or Hard of Hearing, plus mobility instruction and training in daily living activities to people with visual impairments. Assistance is also offered with issues relating to the Americans with Disabilities Act.



VOCATIONAL SERVICES

Parkland Career Center

2400 W. Bradley Ave., Room A175, Champaign, IL 61821

(217) 351-2536

www.parkland.edu/careercenter

Provides informational pamphlets on job search strategies and maintains current employment listings throughout the year. Offers free career planning seminars every third Tuesday evening from 6:00 p.m. – 8:00 p.m. monthly. Publishes JobLine, the Parkland College Job Bulletin, which reports the new part-time, full-time, and on-campus jobs listed each week with the Career Center. Many services are open to all residents of Community College District 505.

Page II Developmental Training Program

1703 W. Springfield Ave., Champaign, IL 61821

(217) 398-0950

Page II is a program offered by the Swann Special Care Center (see listing under “Residential Services”). When a child residing at Swann turns eighteen, he/she is eligible to participate in a special day training program. The work study portion includes experience in the laundry, office, book store, and restaurant. Other daily programs include communications, recreation leisure, physical therapy, and a video center.

Workforce Investment Act: Champaign Consortium – Illinois WorkNet Center

1307 N. Mattis Ave., Champaign, IL 61821

(217) 278-5700

www.ides.state.il.us

The Workforce Investment Act Youth Council and One-Stop Career Center provides the following services to those ages 14-21: outreach and intake, orientation and assessment services, **job search and placement assistance, career counseling**, employment information, job listings, information about needed workplace skills and occupational demand, sources of training, claims filing, support services, assistance establishing eligibility for financial aid, and up to 12 months of follow-up services.

HOTLINE AND TOLL-FREE NUMBERS



AIDS Hotline.....	1-800-AID-AIDS
Alcohol & Drug Abuse Hotline.....	1-800-ALCOHOL/1-800-622-HELP
American Diabetes Association.....	1-800-232-3472
Coalition for Citizens with Disabilities in Illinois.....	1-800-433-8848 (V & TTY)
Crisis Line.....	(217) 359-4141
Direction Services of Illinois (Disability).....	1-800-634-8540 (V & TTY)
Epilepsy Foundation of America.....	1-800-323-1000
First Call for Help.....	(217) 352-6300
Great Lakes Disability & Business/Technical Assistance Center.....	1-800-949-4ADA (V & TTY)
Hearing Aid Action Line.....	1-800-545-2200
Hearing Helpline Better Hearing Institute.....	1-800-327-9355
Illinois Attorney General.....	1-800-252-2518
Illinois Child Abuse Hotline.....	1-800-25-ABUSE
Illinois Clearinghouse for Early Intervention.....	1-800-852-4302
Illinois Relay Center (Hearing Impaired).....	1-800-526-0844 (TTY) 1-800-526-0857 (V)
Job Accommodation Network.....	1-800-526-7234
National Clearinghouse on Post-Secondary/Education for Persons with Disabilities	1-800-544-3284
National Down Syndrome Society.....	1-800-221-4602
National Easter Seal Society.....	1-800-221-6827

National Library for the Blind & Physically Handicapped.....	1-800-424-8567
National Rehabilitation Information Center.....	1-800-346-2742
National Spinal Cord Injury Hotline.....	1-800-526-3456
Orton Dyslexia Society.....	1-800-222-3123
Parents-Too-Soon.....	1-800-545-2200
Spina Bifida Association of America.....	1-800-526-3456/1-800-621-3141

FOR ADDITIONAL RESOURCES

The Help Book

405 S. State St., Champaign, IL 61820

www.prairienet.org/helpbook/

This **directory of human and social services** for Champaign County is available in print and on a website which allows you to search by index or keywords. Published by Family Service of Champaign County and The News-Gazette.

Help Source: A Human Services Guide for East Central Illinois

www.helpsource.org

Collaborating to provide East Central Illinois with the area's most comprehensive **online human services guide**. Find resources such as: Family Resource Directory, HelpSource Unplugged, Transportation Directory, Project 18 Report and the Brain Injury Resource Guide.